SUMMER PROGRAMS
Learn, Play, Discover, Grow

JUNE 13 TO AUGUST 05

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Like us on Facebook
www.chispahousing.org
CHISPA offers onsite educational and recreational programs for the residents in our rental properties. We provide these through partnerships with local community organizations and individual instructors, including YMCA, Sol Treasures, Alisal Center for the Fine Arts, Arts Council for Monterey County, and Alliance on Aging.

Seasonal programs include youth soccer, softball, water sports, and summer day camps. The Big Sur Land Trust works with CHISPA to offer children field trips and camping opportunities.

Here is our Summer 2022 Program Brochure!
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**Food Bank Distribution**  
*By: Monterey County Food Bank*

We provide sustainable hunger relief programs that address our community’s specific nutritional concerns. At the CHISPA sites and surrounding communities, we provide weekly produce boxes for families with fresh fruits and vegetables plus nonperishables. The goal is help alleviate food insecurity amongst the community.

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<tr>
<td>Roosevelt Townhomes/Loma el Paraiso</td>
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<td>Gabilan Hills Townhomes</td>
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<td>Mountain View Townhomes</td>
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<td>Harden Ranch Apartments</td>
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<td>Moro Lindo Townhomes</td>
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<td>El Cerrito Townhomes</td>
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<td>Canyon Creek Townhomes</td>
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<td>Tyler Park Townhomes</td>
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<td>Villa Santa Clara</td>
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<td>Jardines de Soledad</td>
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<tr>
<td>Market Street Townhomes</td>
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OUR STORY
... SO FAR

Soccer Camp, July 11-15
By: Hartnell Community College

Our camp is designed to give our local youth the opportunity to experience the nationally ranked Hartnell Soccer environment and to be trained by the 2021-22 United Soccer Coaches Association National Coaches and Staff of the Year.
All CHISPA Sites: Session 1: Youngers 9:30am - 11:00am
   Ages K-2
   Session 2: Olders 11:30am - 1:00pm
   Ages 3rd - 6th

Glen Deven Nature Ranch
By: Big Sur Land Trust

Experience the Pacific Ocean smashing against a rocky coastline, sleeping outside under the stars, and learning to play an Aztec drum from a percussion master at this nature overnight camp on the Big Sur coast. Camp will explore our region’s unique and varied habitats.
Dates: June 20-22
Ages 12-17 (Space is Limited)

Play and Learn
By: Go Kids

Go Kids is a nonprofit agency that envisions communities where every child has the support they need to reach their greatest potential. We enhance the lives of children and families through the delivery of comprehensive child development services and community involvement.
Location and Times – TBA
Ages 0-5 and their parents

Sharing Time
By: Alisal Family Resource Center

Come to these classes with your child. You can ask questions about developmental learning while enjoying a variety of activities together such as art, music, and story time. Your child will develop key social skills, intellectual skills, language skills and self-esteem necessary for school readiness.
Mountain View Townhomes: TH 11:00am-12:00pm
Gabilan Hills Townhomes: T 9:00am-10:00am
Ages 0-5

COVID-19 Testing
By: VIDA and Community Health Workers

The purpose of testing is to confirm if someone is infected with COVID-19, and to confirm if symptoms experienced are due to the virus. Preventing the spread and reducing the number of infections will ensure the safety of the community. If there is a positive case, our Community Health Workers will be able to assist on the spot with resources and to provide aids that are available to the community.
Roosevelt Townhomes: M 7:00am-10:00am
Ages 2 and over
“They love it! This is so much fun! It is for all ages... even my high school students enjoy it.”

Jovanna Miranda, Resident Manager, Tyler Park Townhomes in Greenfield

**Y Summer Program**
*By: Salinas Community YMCA*

The Y summer program utilizes developmentally appropriate activities that stimulate a child's social, emotional, and physical growth. We provide a warm, caring, and fun environment that stimulates their natural curiosity and encourages personal expression.

**Roosevelt Townhomes:** T/TH 10:00am-12:00pm  
**Harden Ranch Apartments:** T/W/TH 10:00am-12:00pm  
**Grades 1-8**

**Watsonville YMCA Summer Camp**
*By: Watsonville Family YMCA*

The Watsonville YMCA will provide a safe place to learn foundation skills to develop healthy, trusting relationships, and to build self-reliance through the Y-values of caring, honesty, respect and responsibility.

**Villa La Posada:** M/W/F 9:00am-12:00pm  
**Grades 1-8**

**San Benito YMCA Summer Program**
*By: YMCA of San Benito County*

At our CHISPA summer program, we offer a safe place for youth residents to go during the summer. We teach arts and crafts. Group games led by our trained YMCA staff.

**Buena Vista Apartments:** M/W/F 9:00am-12:00pm | F 1:30pm-4:30pm  
**Grades K-8**
LEARN, PLAY, DISCOVER, GROW

South County YMCA Summer Program
By: South County YMCA

Our summer program will provide a fun and safe atmosphere for children which will be based on our Central Coast YMCA After School Program curriculum model. We enhance the level of child engagement in activities covering Science, Technology, Engineering and Mathematics (STEM). Our program will use the YMCA’s Healthy Eating and Physical Activities (HEPA) guidelines. Activities will be aged appropriately with the goal of keeping youth fully engaged in learning.

Market Street Townhomes: M/W 10:00am-12:00pm
Canyon Creek Townhomes: T/TH 10:00am-1:00pm
Grades 1-8

Play-Well
By: Play-Well TEKnologies

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts of physics, engineering, and architecture through engineer-designed projects. Design and build and explore your craziest ideas in a supportive environment.

Sea Garden Apartments: TBA
CHISPA Sites: Virtual
Grades 1-5

Art in a Bag and Art Class
By: Sol Treasures

Sol Treasures art program awakens and nurtures appreciation and passion for the arts in people of all ages in South Monterey County and provides creative and inspiring opportunities to unify the community through the arts. Students will explore the importance of art in society and cultures.

Villa San Miguel: T 9:00am-12:00pm, TH 1:00pm-4:00pm
Vineyard Green Townhomes: T 1:00pm-4:00pm, TH 9:00am-12:00pm
Walnut Place Townhomes: M 5:00pm
Tyler Park Townhomes: T 9:00am-12:00pm, TH 1:00pm-4:00pm
Grades 1-8

Guitar Class
By: Felix Miranda

From music theory to chord progression, we will learn the basic of rhythmic and beat of guitar. Class will go over certain types of genres, including Spanish rock, alternative, and classic rock. Students will learn how to din and play guitar at the same time, all while having fun! There is no "I" in ensemble; therefore, we play as a team!

Roosevelt Townhomes: M/F 4:30pm-6:30pm
Ages 7 and Up

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WE WELCOME NEW COMMUNITY PARTNERSHIPS AND INDIVIDUAL INSTRUCTORS

Alisal Community Arts Network
By: Alisal Community Arts Network

The class will focus on a variety of percussion styles and instruments that will teach students to read and write music. Students will learn the basics of congas, bongos, timbales, guiro, guitar, maracas, shakers hand bells, drum sets, samba drums, and drum line instruments. Students will have an enjoyable time through team-oriented percussion and band while learning and understanding music.

Mountain View Townhomes: M/T 5:30pm-8:30pm
Grades 3-12

Drumline and World Percussion
By: Community Arts Network

Students will learn drumline exercises, grooves and cadences on crash cymbals, bass drum, snare drum and multi-tenor drums! Students will have fun making music while learning how to play with proper technique, good sound quality and rhythmic accuracy. All proficiency levels are welcomed!

El Cerrito/Moro Lindo Townhomes: M/T 1:30pm-4:30pm
Villa La Posada: M/T 5:30pm-8:30pm
Ages 7 and up
**Teen Leadership Council**  
*By: Castroville Teen Leadership Council*

The Teen Leadership Council will provide fun-filled activities for youth ages 8-13. The goal is to provide kids with activities that will keep them physically active and give them a chance to make new friends. The activities can include outside sports, baking, games, and arts and crafts.  
Sea Garden Apartments: T/W/TH 11:00am - 1:00pm  
*Grades 1-8*

**Second Harvest**  
*By: The Food Bank of Santa Cruz County*

Second Harvest sources over eight million pounds of food each year from farms, grocery stores, food manufacturers, distributors, and individuals, and distributes it to 100 food pantries, schools, soup kitchens, group homes, youth centers, and more, plus another 100 Second Harvest program sites.  
Villa La Posada: 3rd Wednesday of the month 4:00-5:00pm  
*All Ages*

**Wells Fargo Financial Literacy**  
*By: Wells Fargo*

Everyone is interested in money and how to be a better manager. It is never too late or too early to gain knowledge and skills to create a brighter financial future. This is a user-friendly program can help you to take charge of your financial future.  
CHISPA Sites: Virtual  
*Youth and Adults*

**Health and Education**  
*By: Visiting Nurses Association*

VNA Community Services brings wellness to the community. Registered nurses provide on-site flu and vaccine services. Health screenings and education are offered to CHISPA communities as well as education about care for those facing a life-limiting illness. Grief and loss support are offered to individuals or groups.  
*TBA*

**Homeownership Educational Sessions**  
*By: Guild Mortgage Company*

These classes educate individuals about the home-buying process. Sessions cover the impact of credit, types of loans, down payment assistance, debt to income ratio, etc.  
CHISPA Sites: Virtual  
*W 7:00pm-8:00pm*  
*Adults Only*

**Zumba for Seniors**  
*By: Gemma Cuevas*

The Zumba classes provide our community members with an opportunity to release stress through music in a fun and rhythmic environment. Zumba creates a positive impact on the mind, health, and spirit.  
Sherwood Village: M/F 10:00am-11:00am  
Los Abuelitos: T/TH 1:00pm-2:00pm  
*Seniors Only*
Lunch Program
By: Area Agency on Aging

The Senior Lunch Program is a partnership between CHISPA, the Alisal Union School District Food Service Kitchen, Meals on Wheels and the Area Agency on Aging. Nutritious meals are served Monday through Friday (except holidays) and follow dietary guidelines for seniors. Seniors in the Lunch Program are asked to donate as much as they can to cover the cost of their meal. The cost of lunch is $7.50 for all guests and others not enrolled in the lunch program.

Sherwood Village: M-F 11:00am-1:00pm
Junsay Oaks Senior Housing: M-F 11:00am-1:00pm
Los Abuelitos Senior Housing: M-F 11:00am-1:00pm
Seniors Only
Exploring the Coast
By: Point Lobos Foundation

Youth and families are invited to come explore the beauty of the coast and forests at Point Lobos State Natural Reserve! Volunteer Docents will provide hands-on educational presentations before visiting Point Lobos in a four to six-hour field trip to Point Lobos where docents will give guided walks to explore the beaches, tidepools and trails through the forests. Transportation to the coast and lunch will be provided to participants. Youth who participate will be given an invitation to return with their families at no cost and gas cards to cover transportation costs.

Dates: Pending
Ages: 10-17 (Space is limited)

Senior Benefits Check-in
By: Alliance on Aging

Seniors are offered assistance once a month with benefits they may need or qualify for. Benefits can include CalFresh, PGE Care Program, California Telephone Access Program (CTAP), Reachout Wireless Federal Lifeline and Link-Up Programs and Medicare.

Sherwood Village: 3rd Monday of the month 9:30am-11:00am
Los Abuelitos Senior Housing: 1st Thursday of the month 9:30am-11:00am
La Gloria Senior Apartments: 1st Thursday of every other month 11:30am-1:00pm
Marina Manor Senior Housing: 4th Thursday of the month 9:30am-10:30am
Junsay Oaks Senior Housing: 4th Thursday of the month 11:00am-12:00pm
El Estero Senior Housing: 4th Thursday of the month 12:30pm-1:30pm

Seniors Only

MST Mobility Services
By: Monterey-Salinas Transit

The Monterey-Salinas Transit is dedicated to assisting with mobility services for individuals with disabilities, seniors, and those with other travel challenges. The goal of providing outreach services is for these individuals to achieve travel independence.

Los Abuelitos Senior Housing: 6/14/22 and 8/9/22 12:00pm-1:00pm
Sherwood Village: 6/17/22 and 8/19/22 11:00 am – 12:00pm
Marina Manor Senior Housing: 6/16/22 and 8/18/22 3:00pm – 4:00pm
Junsay Oaks Senior Housing: 6/27/22 and 8/22/22 10:00am-11:00am

Seniors Only

Senior Guitar Class
By: Felix Miranda

Enjoy a fun and entertaining beginners guitar class where you will learn and practice the basic concepts of guitar with other seniors.

Sherwood Village: M/F 1:00-3:00pm

Seniors Only

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Bingo
By: Raymond Pedriel and Amalia Anguiano

Bingo is a fun activity for older adults that combines the game of bingo with physical exercise. This activity has gentle, easy exercises that allow seniors to sit or stand. In addition to bingo prizes, seniors will be offered tasty and healthy food samples.
Sherwood Village: W 5:30pm-7:30pm
Junsay Oaks Senior Housing: W 11:00am-12:00pm
Seniors Only

Senior Produce Market
By: Food Bank for Monterey County

Senior Produce Market provides fresh produce to seniors in need on a year-round basis where seniors live and gather. Additionally, we produce to homebound seniors through Meals on Wheels.
Sherwood Village: 2nd and 4th Tuesday of the month: 1:30pm-2:30pm
Los Abuelitos Senior Housing: 2nd and 4th Tuesday of the month: 1:30pm-2:30pm
La Gloria Senior Apartments: 2nd and 4th Tuesday of the month: 3:30pm-4:30pm
Junsay Oaks Senior Housing: Every other Thursday 9:30am-10:00am
Marina Manor Senior Housing: Every other Thursday 10:00am-10:30pm
Seniors Only
**Weekly Lunch Deliveries**  
*By: Episcopal Vicar of Epiphany and Episcopal Church*

Warm meals are delivered every Friday to all Marina Manor residents in partnership with Café Mia. Nutritious meals are prepared and delivered by Marina business Café Mia in partnership with the Episcopal Church and CHISPA.  
*Marina Manor Senior Housing: F 12:00pm-1:00pm*  
*Seniors Only*

**Produce Distribution**  
*By: San Benito Food Bank*

Amor Organics, in partnership with YMCA of San Benito County, distributes produce and nonperishables to seniors once a week. Seniors may request food most used in their households and accommodations are made for those with allergies and dietary restrictions.  
*Sunrise Senior Housing: TH 11:00am-12:00pm*  
*Seniors Only*

**Senior Social**  
*By: Bertha Ruelas*

Seniors enjoy social events and participate in arts and crafts. On Saturday mornings, the instructor teaches how to cook healthier meals. This class brings in guest speakers from different organizations to teach seniors about healthier lifestyles and to bring them resources.  
*Los Abuelitos Senior Housing: Every other Tuesday 2:00pm-4:00pm  
Every other Saturday 8:00am-12:00pm*  
*Seniors Only*

**Senior Piano Class**  
*By: Jose Alfredo Jimenez*

Come and enjoy a fun learning experience with other seniors and piano instructor, Jose Alfredo. You can come and learn the basics of playing piano with a little knowledge about the notes, keys, and chords and a lot of practice.  
*Sherwood Village: T/TH 1:00pm-2:00pm*  
*Seniors Only*
Intertidal Trekkers and Marine Mammal Mania
By: Camp Sea Lab

Immerse yourself in the diverse and amazing habitats of Monterey Bay! Investigate intertidal life on the rocky shore, trek along trails through coastal chaparral, snorkel over incredible nearshore habitats, and hunt for crawfish and other “indicator species” in the Carmel River. Each day brings new excitement and fun with friends. So many marine mammals in Monterey Bay, so little time!

Travel with us by foot, kayak, boat and boogie board to new spots along the shore to meet whales, seals, otters, and sea lions up close and personal. Each day will bring new opportunities to observe the lives of the marine mammals that make Monterey Bay their home: learning whale identification from a boat; studying the survival skills of others from kayaks; visiting Moss Landing Marine Lab and marine mammal experts; and surfing!

Dates: July 11-15
Ages 8-11 (Space is limited)

Heal Together Services
By: Coastal Kids Homecare

The Heal Together Hub is a central source of information on community resources for grief, loss, and anxiety. A range of services are available, including those tailored to the needs of specific groups who have been impacted by loss during the pandemic.

Individual Support: For individuals coping with loss, Heal Together offers support through one-on-one grief counseling. Options include in-person or telehealth counseling and expressive therapies such as art, music, massage for children and adults.

Bereavement Groups: At Heal Together, we believe that connecting to others who have experienced loss can offer comfort to grieving individuals. The program offers specific groups for adults, for parents, and for children. Also, there are groups for people who are experiencing a death in their family and wish to discuss the feelings and stress associated with this period of transition.

Community Activities: Heal Together offers opportunities for our whole community to come together to relieve stress and express emotions. Community activities include art, music workshops, walking clubs, dance and cooking classes and alternative therapies like yoga, meditation, and journaling.

La Gloria Senior Apartments: Yoga TH 7:00am-8:00am – Bi-Monthly
Sherwood Village: Yoga T 4:00pm-5:00pm – Bi-Monthly
Art Class M 10:45am – Bi-Monthly

Harden Ranch Apartments: Zumba 2nd and 4th TH of the month 4:00pm-5:00pm
Walnut Place Townhomes: Zumba 1st and 3rd TH of the month 4:00pm-5:00pm
Art Class M 5:00pm – Bi-Monthly

Adults and Seniors
LEARN, PLAY, DISCOVER, GROW

YMCA Senior Program
By: YMCA of San Benito County

YMCA of San Benito County uses fun activities to engage seniors by promoting fitness and creativity through the arts. Activities may include game night, chair fitness, paint classes and movie nights.

Sunrise Senior Housing: Game Night: M 5:30-6:30pm
Movie Night: W 5:30pm-7:30pm
Chair Fitness: T/TH 1:00pm-2:00pm
Paint Night: F 5:30pm-7:30pm

Seniors Only

Painting for Seniors
By: Arts Council for Monterey County

In a supportive environment, beginning through advanced artists explore painting techniques using acrylic or watercolors in a variety of styles. Seniors will explore inspiring examples of the great artists throughout history.

Sherwood Village: T/TH 1:00pm-3:00pm
Los Abuelitos Senior Housing: F 10:30am-12:30pm
Junsay Oaks Senior Apartments: F 10:30am-12:30pm
Marina Manor Senior Housing: TH 10:30am-12:30pm
El Estero Senior Housing: T 10:30am-12:30pm

Seniors Only

Matters of Balance Classes
By: Area Agency on Aging

Many older adults are concerned about falling and restrict their activities as a consequence of their concern. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels. This program emphasizes practical strategies to manage falls.

Los Abuelitos Senior Housing: Wednesday 1:30pm-3:30pm

Seniors Only

Strengthening Wellness
By: Alliance on Aging

The Alliance on Aging Peer counseling group provides counseling to individuals and groups of seniors facing the challenges of aging. Loss of a loved one, divorce, health issues, loss of financial security, anxiety, etc.

Sherwood Village: TH 10:00am-11:00am
La Gloria Senior Apartments: TBA
Los Abuelitos Senior Housing: TBA

Seniors Only
SUMMER PROGRAMS 2022

PROGRAMS ARE MADE POSSIBLE THROUGH OUR FUNDERS

www.chispahousing.org
LEARN, PLAY, DISCOVER, GROW
CHISPA’s Mission is to improve people’s lives and create healthy neighborhoods by developing, selling, owning and managing affordable homes.