Fall 2021 Programs

September 7, 2021 to December 10, 2021
Food Bank Distribution
*By: Monterey County Food Bank*

We provide sustainable hunger relief programs that address our community’s specific nutritional concerns. At the CHISPA sites and surrounding communities we provide weekly produce boxes for families with fresh fruits and vegetables plus nonperishables. The goal is to help alleviate food insecurity amongst the community.

- Roosevelt Townhomes/Loma El Paraiso: M 1:30pm
- Gabilan Hills Townhomes: M 2:00pm
- Mountain View Townhomes: M 2:15pm
- Harden Ranch Apartments: M 2:45pm
- Moro Lindo Townhomes: M 3:30pm
- El Cerrito Townhomes: M 3:30pm
- Canyon Creek: M 1:30pm
- Tyler Park Townhomes: M 2:15pm
- Villa Santa Clara: M 2:30pm
- Jardines de Soledad: M 3:15pm
- Market Street Townhomes: M 3:30pm
- Sea Garden Apartments: M 4:30pm

*All Ages*

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**Y After School Program**
*By: Salinas Community YMCA*

The Y Afterschool Program utilizes developmentally appropriate activities that stimulate a child intellectual, emotional, and physical growth. We provide a warm, caring, and fun environment that stimulates their natural curiosity and encourage personal expression.

- Harden Ranch Townhomes: M/W 3:30pm-5:30pm
- Roosevelt Townhomes: T/TH 3:30pm-5:30pm
- Grades K-8
San Benito YMCA After School Program  
*By: YMCA of San Benito County*  
At our CHISPA summer program we offer a safe place for youth residents to go after school during the fall. We offer assistance, teach arts and crafts, and group games led by week trained YMCA staff.  
Buena Vista Apartments: M/W/F 3:00pm-5:00pm  
Grades K-8

YMCA After School Program  
*By: South County YMCA*  
Our afterschool program will provide a fun and safe atmosphere for children which will be based on our Central Coast YMCA After School Program curriculum model we enhance the level of child engagement in activities covering Science, Technology, Engineering, and Mathematics (STEM). Our program will also utilize the YMCA’s Healthy Eating and Physical Activities (HEPA) guidelines. Activities will be aged appropriate, with the goal of keeping youth fully engaged in learning.  
Market Street Townhomes: M/W 3:30pm-5:30pm  
Canyon Creek Townhomes: T/TH 3:30pm-5:30pm  
Grades K-8

Art in a Bag and Art Class  
*By: Sol Treasures*  
Sol Treasures art program awakens and nurtures appreciation and passion for the arts in people of all ages in South Monterey County and provides a home for creative and inspiring opportunities to unify the community through the arts. Students will explore the importance of art in society and cultures.  
Villa San Miguel: M 4:00pm-6:00pm  
Vineyard Green Townhomes: T/TH 4:00pm-6:00pm  
Walnut Place Townhomes: M 4:00pm-6:00pm  
Tyler Park Townhomes: T/TH 4:00pm-6:00pm  
Grades 1-8

Watsonville YMCA After School Program  
*By: Watsonville Family YMCA*  
YMCA Program is about nurturing a child’s development by providing a safe place to learn foundational skills, develop healthy, trusting relationships and build self-reliance through the Y values of caring, honesty, respect, and responsibility.  
Villa La Posada: M/W/F 3:30pm-5:30pm  
Grades 1-8
**Play-Well**  
*By: Play-Well TEKnologies*

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts of physics, engineering, and architecture through engineer-designed projects. Design and build as never before and explore your craziest ideas in a supportive environment.  
Harden Ranch Apartments: TH 4:00pm-6:00pm  
CHISPA Sites: Virtual 4:00pm-6:00pm  
Grades: 1 to 5

**Alisal Community Arts Network**  
*By: Alisal Community Arts Network*

The class will focus on a variety of percussion styles and instruments that will teach students to read and write music. Students will learn the basics of congas, bongos, timbales, guiro, guitar, maracas, shakers, hand bells, drum sets, samba drums, and marking drum line instruments. Students will have an enjoyable time through team-oriented percussion and band while learning and understanding music.  
Mountain View Townhomes: T/TH/F 6:30pm-8:30pm  
Gabilan Hills Townhomes: T/W/TH 6:30pm-8:30pm  
Grades 3-12

**Guitar Class**  
*By: Felix Miranda*

From music theory to chord progression, we will learn the basic of rhythmic and beat of guitar. Class will go over certain types of genres to play from Spanish rock, alternative, and classic rock. Students will learn how to sing and play guitar at the same time, all while having fun! There is no “I” in ensemble; therefore, we play as a team!  
Roosevelt Townhomes: M/F 4:00pm-6:00pm  
Ages 7 & Up

**Second Harvest**  
*By: The Food Bank of Santa Cruz County*

We source over 8 million pounds of food each year from farms, grocery stores, food manufacturers, distributors, individuals, and distribute it to 100 food pantries, schools, soup kitchens, group homes, youth centers, and more, plus another 100 Second Harvest program sites. The goal is to eliminate food insecurity and improve nutrition amongst the community.  
Villa La Posada: 3rd Wednesday of the month 4:00-5:00pm  
All Ages
Teen Leadership Council
By: Castroville Teen Leadership Council
The Teen Leadership Council will provide fun-filled activities for youth ages 8-13. The goal is to provide kids with activities that will keep them physically active and give them a chance to make new friends. The activities can include outside sports, baking, games, and arts and crafts.
Sea Garden Apartments: T/W/TH 3:45pm-5:45pm
Grades 1-8

Wells Fargo Financial Literacy
By: Wells Fargo
Everyone is interested in money and how to be a better manager. It is never too late or too early to gain new knowledge and skills to create a brighter financial future. This is a user-friendly program can help you to take charge of your financial future.
CHISPA Sites: Virtual 4th Wednesday of the month 6:30pm-8:30pm
Youth & Adults

Adult Computer Class
By: Jessica Vasquez
This class can be held in both English and Spanish, to accommodate all CHISPA residents. The goal is to meet the students where they are either beginners or more experienced computer users and bring them to the next level of comfort and competence.
Sea Garden Apartments: W 7:00pm-8:30pm
Adults Only

Computer Class
By: Loaves, Fishes & Computers
Learn how to use a computer, for free! Topics include computer overview, email, internet usage, word processing in Google Docs, and internet safety. Students will receive a certificate of achievement if 7 of 8 classes offered are completed. See you there!
Tyler Park Townhomes: W/F 3:00pm-5:00pm
Harden Ranch Apartments: W/F 6:00pm-8:00pm
Sea Garden Apartments: W/F 6:00pm-8:00pm
Grades 9-12 & Adults
Homeownership Educational Sessions
By: Guild Mortgage Company
The goal of the sessions is to educate individuals about the home buying process. There are 6 sessions in total. Sessions cover the impact of credit, types of loans, down payment assistance, debt to income ratio, etc.
CHISPA Sites: Virtual W 7:00pm-8:00pm
Adults Only

Health & Education
By: Visiting Nurses Association
VNA Community Services brings wellness to the community. Well known as community immunizers; experienced, professional registered nurses provide on-site flu and vaccine services. Health screenings and education are offered to CHISPA communities as well as education of care for those facing a life-limiting illness, their families, and their caregiver. Grief and loss support are offered to individuals or groups.
TBA
Adults & Seniors

YMCA Senior Program
By: YMCA of San Benito County
YMCA of San Benito County uses fun activities to engage seniors by promoting fitness and creativity through the arts. Activities may include game night, chair fitness, paint classes, and movie nights.
Sunrise Senior Housing: M/F 5:30-6:30pm
T/TH 1:00pm-2:00pm
W 5:30-7:30pm
Seniors Only

Zumba for Seniors
By: Gemma Cuevas
The Zumba class provides our community members with an opportunity to release stress in a fun and rhythmic environment through music. Zumba members enjoy dance and create a positive impact on the mind, health, and spirit.
Sherwood Village: M/F 10:00am-11:00am
Seniors Only
**Bingocize**

*By Area Agency on Aging SNAPEd and California Department of Aging (CDA)*

Bingocize combines simple standing, sitting exercises with nutrition education, and the familiar game of Bingo. Bingocize helps reduce your chances of falling by helping you stay active, increase your strength, balance, and range of motion.

- Junsay Oaks Senior Housing: Monday 12:00pm-1:00pm
- Sherwood Village Senior Housing: Wednesday 10:30am-11:30am
- Seniors Only

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**Lunch Program**

*By: Area Agency on Aging*

The Senior Lunch Program is a partnership between CHISPA, the Alisal Union School District Food Service Kitchen, Meals on Wheels, and the Area Agency on Aging. Nutritious meals are served Monday through Friday (except holidays), and follow dietary guidelines for seniors. Seniors in the Lunch Program are asked to donate as much as they can to cover the cost of their meal. The cost of lunch is $7.50 for all guests, and others not enrolled.

- Sherwood Village: M-F 11:00am-1:00pm
- Junsay Oaks Senior Housing: M-F 11:00am-1:00pm
- Seniors Only

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**Senior Benefits Check-in**

*By: Alliance on Aging*

Seniors are offered assistance once a month with benefits services they may need or qualify for. Benefits can include: Calfresh, PG&E Care Program, California Telephone Access Program (CTAP), Reachout Wireless Federal Lifeline, Link-Up Programs, and Medicare.

- Sherwood Village: 3rd Monday of the month 9:30am-11:00am
- La Gloria Senior Apartments: 1st Thursday of the month 9:30am-11:00am
- Seniors Only

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**Strengthening Wellness Discussion**

*By: Alliance on Aging*

The Alliance on Aging peer counseling group provides counseling to individuals and groups of seniors facing the challenges of aging. Topics include: loss of a loved one, divorce, health issues, loss of financial security, anxiety, etc.

- La Gloria Senior Apartments: M 10:00am-11:00am
- Sherwood Village: M 1:00-2:00pm
- Los Abuelitos: T 10:00am-11:00am
- Seniors Only
MST Mobility Services
By: Monterey-Salinas Transit
The Monterey-Salinas Transit is dedicated to assisting with mobility services for individuals with disabilities, seniors, and those with other travel challenges. The goal of providing outreach services is for these individuals to receive the same level of mobility and achieve travel independence.

Los Abuelitos Senior Housing: 9/14 1:00pm-3:00pm
10/12 1:00-3:00pm
Sherwood Village: 9/17 11:15 am – 12:15 pm
10/15 11:15 am – 12:15 pm
Marina Manor Senior Housing: 9/30 3:00 pm – 4:00 pm
10/21 3:00 pm – 4:00 pm
Junsay Oaks Senior Housing: 9/23 11:00am-12:00pm

Senior Guitar Class
By: Felix Miranda
Enjoy a fun and entertaining beginners guitar class where you will be learning and practicing with other seniors the basics of guitar.
Sherwood Village: M/W/F 1:00pm-3:00pm
Seniors Only

Painting for Seniors
By: Arts Council for Monterey County
In a supportive environment, beginning through advanced artists explores painting techniques using acrylic or watercolors in a variety of styles. Seniors will explore inspiring examples of the great artists throughout history.
Junsay Oaks Senior Apartments: F 10:30am-12:30pm
Marina Manor Senior Housing: TH 10:30am-12:30pm
Sherwood Village: TH 10:30am-12:30pm
Junsay Oaks Senior Housing: F 10:30am-12:30pm
Seniors Only

Senior Produce Market
By: Food Bank for Monterey County
Senior Produce Market provides fresh produce to seniors in need on a year-round basis where seniors live and gather. Additionally, we provide homebound seniors through Meals on Wheels.
Sherwood Village: 2nd and 4th Tuesday of the month: 1:30pm-2:30pm
Los Abuelitos Senior Housing: 2nd and 4th Tuesday of the month: 1:30pm-2:30pm
La Gloria Senior Apartments: 2nd Thursday of the month: 10:00am-11:30am
Seniors Only
Weekly Lunch Deliveries  
*By: Episcopal Vicar of Epiphany Lutheran & Episcopal Church*
Warm meals are being delivered every Friday to all CHISPA senior residents in partnership with Café Mia. Nutritious meals are prepared and delivered by Café Mia.  
*Marina Manor Senior Housing: F 11:00am-1200pm*  
*Seniors Only*

Produce Distribution  
*By: San Benito Food Bank*
Amor Organics in partnership with YMCA of San Benito County distribute weekly produce and nonperishables to seniors. Seniors are able to request food most used in their households and accommodations are made to those with allergies and dietary restrictions.  
*Sunrise Senior Housing: TH 11:00am-12:00pm*  
*Seniors*

Covid-19 Testing  
*By: VIDA and CHISPA Community Health Workers*
The purpose of conducting testing is to confirm someone is infected with COVID-19. It is also to ensure that symptoms experienced are due to the virus. Preventing the spread and helping reduce the number of infections will ensure the safety of the community and that is a primary goal. If there is a positive case, our Community Health Workers will be able to assist on the spot with resources and aids that are available for the community.  
*Roosevelt Townhomes: M 7:00am-9:00am*  
*All*

Vaccines  
*By: VNA*
The Visiting Nurses Association in partnership with CHISPA, Inc. will host vaccination clinics with the primary goal to give children 12 and over an opportunity to get vaccinated. The vaccine that will be provided is Pfizer and anyone surrounding the CHISPA community is welcome to receive the vaccine regardless of age.  
*Roosevelt Townhomes: W 9/15 4:00pm-6:00pm*  
*TH 10/7 4:00pm-6:00pm*  
*Ages 12 and over*
RTH Moms
By: Maria Cervantes
Meetings are held to strategize on safety measure for children and young adults who live in the surrounding communities, especially those who are waiting alone at school bus stops. The goal is to ensure children not only feel safe but are safe. Snacks and sanitizing materials are given to children who are waiting at the bus stop. Anyone is welcome to join, whether you are a parent or not.
Roosevelt Townhomes: T/Th 9:00am-10:00am
Adults

Diabetes Prevention Program
By: Natividad Foundation
The 5 Steps to Prevent Diabetes Program consists of a series of classes offered by the Natividad Foundation and taught by a Health Educator. The goal of the program is to prevent or delay the onset of diabetes among at-risk adults by providing education on healthy lifestyle behaviors. Classes are at no cost and incentives will be available to those who attend 3 or more classes. This program has resulted in positive behavior change in past participants which can decrease the risk of preventable diabetes. Classes will cover topics such as healthy eating, physical activity, meal planning, and shopping on a budget, family health, and diabetes prevention, plus how to measure serving sizes.
All Properties: Virtual TBA
Adults

Bingo
By: Raymond Perdriel and Ricardo Navarro
Bingosize is a fun activity for older adults that combines the game of Bingo with physical exercise. This activity has gentle, easy exercises that allow seniors to sit or stand. In addition to Bingo prizes, seniors will be offered tasty and healthy food samples.
Sherwood Village: W 5:30pm-7:30pm
Junsay Oaks: Th 1:00pm-3:00pm
Seniors Only
Services Provided By

Programs are Made Possible Through Our Funders
CHISPA Properties

Senior Apartments
La Gloria Senior Apartments
539 East Market Street
Salinas, CA 93905
831-424-3630
Los Abuelitos Senior Housing
528 East Market Street
Salinas, CA 93905
831-757-1283
Sherwood Village
808 N. Main Street
Salinas, CA 93906
831-783-1485
Marina Manor Senior Housing
3082 Sunset Avenue
Marina, CA 93933
831-384-6087
El Estero Senior Housing
151 Park Avenue
Monterey, CA 93940
831-655-0924
Junsay Oaks Senior Apartments
3098 De Forest Road
Marina, CA 93933
Sunrise Senior Apartments
580 Westside Blvd.
Hollister, California 95023

Family Apartments
Buena Vista Apartments
810 Buena Vista Rd.
Hollister, CA 95023
Villa La Posada
34 Ortega Dr.
Watsonville, CA 95076
831-724-7237
Sea Garden Apartments
10603 Axtell Street
Castroville, CA 95012
831-632-0790
Moro Lindo Townhomes
8757 Sabino Drive
Castroville, CA 95012
831-632-0768
El Cerrito Townhomes
8860 Vista de Tierra Circle
Castroville, CA 95012
831-633-2500
Grey Goose Townhomes
5499 Grey Goose Gulch
Carmel, CA 93923
Roosevelt Townhomes
522 Roosevelt Street
Salinas, CA 93905
831-796-0140
Mountain View Townhomes
1580 Falcon Drive

Salinas, CA 93905
831-753-7001
Loma El Paraíso
541 Roosevelt Street
Salinas, CA 93905
831-796-0140
Vista De La Terraza
165-177 Carr Avenue
Salinas, CA 93905
Gabilan Hills Townhomes
1051 Paseo Grande
Salinas, CA 93905
831-753-9032
Harden Ranch Apartments
1907 Dartmouth Way
Salinas, CA 93906
831-444-0102
Canyon Creek Townhomes
1834 Chablis Way
Gonzales, CA 93926
831-675-2815
Market Street Townhomes
110 Market Street
Soledad, CA 93960
831-678-8129
Las Jicamas Apartments
110 Martinez Place
Soledad, CA 93960
831-678-8750
Jardines De Soledad
501 Andalucia Dr.
Soledad, CA 93960
831-678-1776
Soledad Townhomes
438 Benito Street
Soledad, CA 93960
831-675-0528
Tyler Park Townhomes
1120 Heidi Drive
Greenfield, CA 93927
831-674-8857
Vineyard Green Townhomes
130 13th Street
Greenfield, CA 93927
831-674-2736
Walnut Place Townhomes
500 12th Street
Greenfield, CA 93927
831-674-5322
Villa Santa Clara
225 Third St.
Greenfield, CA 93927
831-674-3319
Villa San Miguel
1201 Amherst Drive
King City, CA 93930
831-386-9409

CHISPA’s Mission is to improve people’s lives and create healthy neighborhoods by developing, selling, owning and managing affordable homes.

Community Housing Improvement Systems and Planning Association, Inc.
295 Main Street, Suite 100, Salinas, CA 93901
(831) 757-6251 Fax (831) 757-7537

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